



Department of Geography

Extension Activity “Health Awareness Program”

REPORT

The Department of Geography Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burli), organized the “Health Awareness Program” dated on 09/02/2024. The “Health Awareness Program” was launched in Dudhondi to educate peoples about the importance of healthy living, disease prevention, and early detection. The program aimed to empower individuals with the knowledge and skill to make informed decisions about their own and also families’ health. The village people’s faces significant challenges about the health. The program was designed to address some challenges by promoting healthy behaviors, providing health education and encouraging their involvement.

Aims and objectives:

- To educate the peoples about healthy living, diseases prevention and early detection.
- To provide health education and regular exercise, healthy eating and stress management.

Program Outcomes:

- Increased health knowledge of healthy living and disease prevention and early detection.
- Peoples adopting healthy behaviours, such as regular exercise and healthy eating.

Beneficiaries:

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Mrs. Madavi A. B. Guidance to the School Students



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